

## Online Abstract Painting Class Supply List w/ Heather Neilson ([heatherneilsonart.com](http://heatherneilsonart.com))

- [Strathmore 400 Series Mixed Media Pad](#), 18"x24", White, 15 Sheets. Acceptable alternatives are Acrylic paper, canvas paper or watercolor paper that is at least 140lbs. I do NOT recommend the Canson brand that is 98lbs.
- Acrylic paints - Recommend GOLDEN fluids. However, you can work with any brand and type of acrylic paints. Colors should include 1 ounce or larger size of Titanium White, Carbon Black, and any variation of Yellow, Red, Blue and at least one other color that you love.
- An assortment of brushes. I recommend having various sizes and try to have one that is a larger size =at least 1 inch width if not wider. You can use any brushes you wish as long as they are suitable for acrylic. [Silver Brush brand](#) , especially the SilverSilk 88 line, is an exceptional acrylic brush.
- Fluid Matte Medium - [GOLDEN brand recommended](#), 8 ounces or next smallest bottle. OR [regular Matte Medium](#). Any brand as an alternative is fine.
- White Gesso [GOLDEN recommended](#) but any brand will do.
- [yellow frog tape](#) (can usually be found at Home Depot or most hardware stores in the paint section). 1" (.94") Alternatively, Artist Tape in 1" (or close) width.
- Something flat and sturdy to tape your paper to that is larger than 18x24 such as 20x30. A piece of foam core or cardboard works great.
- Paper towels for clean up (recommend Blue shop papers towels from hardware store)

- Palette for paint. Options include palette paper, freezer paper (found at grocery store), large metal or plastic tray.
- Palette knife (preferably metal)
- Plastic container for water. A large yogurt container works well.
- A ruler
- A pencil and/or pen
- Notebook/Journal for class notes

**Optional:**

- Latex Gloves
- Apron
- Mark making tools such as a brayer, old card for scraping, silicone bowl scraper, color shapers. Or any other mark making tool you like to use
- Any other favorite art making tool
- Other (any or all of the following):
  - Charcoal
  - Oil pastels
  - Pastel
  - Graphite